

Ahmad N. Saad, M.D.

Curriculum Vitae

Address:

Work:

FACES+
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University of California – San Diego
UCSD Plastic Surgery
200 West Arbor Drive
San Diego, CA 92103
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Date of Birth:

05/31/1978

Email:

ansaad@ucsd.edu
asaad@facesplus.com

Languages:

English, French, Spanish, Arabic and Italian

Professional Appointments:

- **FACES+**, San Diego, CA:
Plastic Surgeon
August 2015- Present
- **University of California – San Diego**
Clinical Assistant Professor of Surgery
Division of Plastic & Reconstructive Surgery
August 2015 – Present
- **California Migraine Surgery Center**
Founder & Director

Education:

- American University of Beirut, Faculty of Medicine
Doctor of Medicine
June 2004
- American University of Beirut
Bachelor of Science (Biology)
June 2000

Post-Doctoral Training:

- **University of California** – San Diego
Chief Resident - Plastic & Reconstructive Surgery
July 2014 – June 2015
- **University of California** – San Diego
Resident - Plastic & Reconstructive Surgery
July 2012 – June 2014
- **Yale University** – School of Medicine
Chief Resident – General Surgery
July 2011- June 2012
- **Yale University** – School of Medicine
Resident – General Surgery
July 2006 – June 2011
- **Yale University** – School of Medicine
Post-Doctoral Research Fellow
Vascular Biology & Transplantation
Department of Surgery
September 2004 – June 2006

Board Certification:

- American Board of Plastic Surgery
Diplomate, Board ID# 112762

Medical License:

- Medical Board of California Physician & Surgeon License
License # A118375
Expiration Date: 5/31/2017

- State of Connecticut Medical License
2006 – 2012 (Expired)
- American College of Surgeons & Society of American Gastrointestinal Endoscopic Surgeons:
 - Fundamentals of Laparoscopic Surgery
Certification# 17228048227
Date: 12/16/2011
- Medical License – Spain – “Homologacion y convalidacion de titulos y estudios extranjeros de educacion superior”- Issued by: Ministerio De Educacion, Cultura Y Deporte – España- 27 de julio 2015
- Medical College of Barcelona (Collegi Oficial de Metges de Barcelona)
Member ID: 53003

Medical Societies Memberships:

- Yale Surgical Society
- American Society of Plastic Surgeons (ASPS)
- American Society for Aesthetic Plastic Surgery (ASAPS)
- Member, Education & Teaching Course Committee – ASAPS
- International Society of Aesthetic Plastic Surgery (ISAPS)
- California Society of Plastic Surgeons
- San Diego Society of Plastic Surgeons
- San Diego County Medical Society
- American Medical Association

Other Licenses:

- Advanced Cardiac Life Support (ACLS)
- Advanced Trauma Life Support (ATLS)

Volunteer:

- **Operation Smile;** Internationally Credentialed Plastic Surgeon Volunteer

Grants and Awards:

- International Society for Heart and Lung Transplantation Award for “*outstanding contribution in the field of heart and lung transplantation*”. April 2005

- International Society for Heart and Lung Transplantation Research fellowship grant:
Title: “Tertiary lymphoid organs in atherosclerotic diseases and their role in host vs. graft rejection in heart transplantation”.
Amount: 40,000 U.S. Dollars
Period: June 2005 - June 2006
- Ohse research grant:
Title: “Role of the Toll-Like Receptors in aneurismal diseases.”
Amount: 6,000 U.S. Dollars
Period: December 2005 – June 2006

Reviewer:

- The Aesthetic Surgery Journal
- The Aesthetic Plastic Surgery Journal
- Advances in Plastic & Reconstructive Surgery – (Member of the editorial board)
- Chronic Wound Care Management and Research Journal
- Open Access Surgery Journal
- Clinical, Cosmetic and Investigational Dermatology Journal
- Wounds UK
- The American Surgeon
- Open Journal of Pediatrics
- Research and Reports in Neonatology.
- Quality Medical Publishing

Presentations/Posters:

- Oral Presentation: American Society for Aesthetic Plastic Surgery (ASAPS) – The Aesthetic Meeting – May 2017 – San Diego, CA
“Ethnic Rhinoplasty: The Neoclassical Canons Revisited”
- Oral Presentation: The Rhinoplasty Society Meeting – May 2017 – San Diego, CA
“Ethnic Rhinoplasty: The Neoclassical Canons Revisited”
- University of California, San Diego – Division of Plastic Surgery
 Grand Rounds, January 2017
“Migraine Surgery”
- Oral Presentation: International Federation for Adipose Therapeutics & Science (IFATS) – November 2016 – San Diego, CA

“Patient Satisfaction Scores 3-24 Months Following Autologous Fat Transfer (AFT) or Cell Enriched Fat Transfer (CEFT) in Conjunction with Facial Rejuvenation Surgery: A Prospective, Comparative Study”

- University of California, San Diego – Division of Pain Medicine
Grand Rounds, October 2016
“Migraine Surgery”
- Oral Presentation: American Society of Plastic Surgeons (ASPS) – September 2016
“Minimal Invasive Techniques for Periorbital Rejuvenation”
- Oral Presentation: American Society of Plastic Surgeons (ASPS) – September 2016
“Pyriiform and Paranasal Alterations During Rhinoplasty”
- University of California, San Diego – Division of Head & Neck Surgery
Grand Round, August 2016
“Facial Aging”
- Oral Presentation: California Society of Plastic Surgeons – May 2016 meeting
Santa Monica
“Minimally Invasive Techniques for Peri-Orbital Rejuvenation”
- Oral Presentation: American Society for Aesthetic Plastic Surgery – The Aesthetic Meeting – May 2015
“Patient Satisfaction Scores 3-18 Months Following Autologous Fat Transfer (AFT) or Cell Enriched Fat Transfer (CEFT) in Conjunction with Facial Rejuvenation Surgery: A Prospective, Comparative Study”
- Oral Presentation: American Society for Aesthetic Plastic Surgery – The Aesthetic Meeting – May 2015
“Complications of Fractional Lasers: A Review of 716 Patients Treated by Nurse and Physician Assistant Laser Specialists under Medical Supervision”
- Oral presentation: UCSD Surgery Symposium – May 2014 *“Transection of the Lower Lateral Crus: A Safe, Simple Technique for Concomitant Improvement of the External valve and LLC Convexity”*
- Oral presentation: The Rhinoplasty Society – 19th Annual Meeting – April 24th 2014
“Transection of the Lower Lateral Crus: A Safe, Simple Technique for Concomitant Improvement of the External valve and LLC Convexity”
- Oral presentation: American Society of Plastic Surgeons
October 2013 meeting

“Quality and safety review of plastic surgery procedures outcomes in the state of California.”

- Oral presentation: American Society of Plastic Surgeons
October 2013 meeting
“Are risks of adverse outcomes following outpatient cosmetic procedures additive when procedures are combined?”
- Oral presentation: California Society of Plastic Surgeons
May 2013 meeting
“Incidence of oral clefts among different races in the State of California”
- Oral presentation: UCSD Department of Surgery Symposium
April 2013
“Incidence of oral clefts among different races in the State of California”
- Yale University – School of Medicine
Department of Surgery – Grand Rounds (June 2012)
Title: *“Face transplantation - How do we look so far?”*
- Poster presentation: Breast Cancer Coordinated Care Conference – February 2011
– Washington, DC
“The Hybrid Breast Reconstruction - Use of Autologous Fat Transfer to Increase Autologous Tissue to Implant Ratio in Oncoplastic Breast Reconstruction”
- Oral presentation: American College of Surgeons – Connecticut Chapter –
November 2006 meeting
“Toll-Like Receptors in arterial aneurysms.”
- Yale University – School of Medicine
Department of Surgery – Grand Round (June 2007)
Title: *“Toll-Like Receptors in arterial aneurysms.”*

Abstracts:

- **Saad A.**, Leong T., Dobke M., Cohen S. *“Minimal Invasive Techniques for Periorbital Rejuvenation”*. American Society of Plastic Surgeons – Los Angeles, September 2016
- **Saad A.**, Hewett S., Cohen S. *“Pyriiform and Paranasal Alterations During Rhinoplasty”*. American Society of Plastic Surgeons – Los Angeles, September 2016
- Cohen S., Hewett S., Leong T., **Saad A.**, Dobke M. *“Buccal Fat Augmentation during Facelift Using Transoral Approach: Patient Selection and Surgical*

Technique". American Society of Plastic Surgeons – Los Angeles, September 2016

- **Saad A.**, Leong T., Cohen S. "*Minimally Invasive Techniques for Peri-Orbital Rejuvenation*". California Society of Plastic Surgeons – May 2016 meeting Santa Monica
- **Saad A.**, Hewett S., Lim S., Taylor K., Mailey B., Suliman A., Dobke M., Cohen S.R. "*Patient Satisfaction Scores 3-18 Months Following Autologous Fat Transfer (AFT) or Cell Enriched Fat Transfer (CEFT) in Conjunction with Facial Rejuvenation Surgery: A Prospective, Comparative Study*". American Society for Aesthetic Plastic Surgery – The Aesthetic Meeting – May 2015 – Montreal, Canada
- **Saad A.**, Lim S., Goodacre A., Taylor K., Johnson J., Hennesler C., Leong T., Cohen S.R. "*Complications of Fractional Lasers: A Review of 716 Patients Treated by Nurse and Physician Assistant Laser Specialists under Medical Supervision*". American Society for Aesthetic Plastic Surgery – The Aesthetic Meeting – May 2015 – Montreal, Canada
- **Saad A.**, Ghavami A. "*Transection of the Lower Lateral Crus: A Safe, Simple Technique for Concomitant Improvement of the External valve and LLC Convexity*". The Rhinoplasty Society – 19th Annual Meeting – San Francisco, April 2014
- **Saad A.**, Parina R., Tokin C., Chang D.C., Gosman A. "*Quality and safety review of plastic surgery procedures outcomes in the state of California.*" American Society of Plastic Surgeons meeting, San Diego October 2013
- Parina R., **Saad A.**, Chang D.C., Gosman A. "*Are risks of adverse outcomes following outpatient cosmetic procedures additive when procedures are combined?*" American Society of Plastic Surgeons meeting, San Diego October 2013
- **Saad A.**, Parina R., Chang D.C., Gosman A. "*Incidence of oral clefts among different races in the State of California*". California Society of Plastic Surgeons, San Francisco May 2013
- Parina R., **Saad A.**, Chang D.C., Gosman A. "*Statewide analysis of the incidence of secondary surgeries after isolated cleft palate repair*". California Society of Plastic Surgeons, San Francisco May 2013
- Moshrefi S., **Saad A.**, Monoo P., Wang HY, Tenenhaus M. "*Primary Cutaneous Gamma-Delta T-cell Lymphoma and Hemophagocytic Syndrome: An Academically Intriguing and Clinically Challenging Case*". California Society of Plastic Surgeons, San Francisco, May 2013.

- Eshagh K., Mailey B., Saba S., **Saad A.**, Dobke M., Rechnic M, Wallace A., Gosman A. “*Improving Operating Room Efficiency Requires Re-Focusing on Essential Aspects of Surgery*”. California Society of Plastic Surgeons, San Francisco May 2013

Publications:

- Cohen S, **Saad AN**, Tiriyaki T. “*Marionette browlift*”- Submitted to Aesthetic Plastic Surgery Journal
- Cohen S., **Saad AN**. “*Buccal Fat Pad Augmentation for Facial Rejuvenation*”. Accepted for publication. *Plast Reconstr Surg.* (June 2017)
- Cohen SR, Goodacre A, Lim S, Johnston J, Henssler C, Jeffers B, **Saad A**, Leong T. “*Clinical Outcomes and Complications Associated with Fractional Lasers: A Review of 730 Patients.*” *Aesthetic Plast Surg.* 2016 Dec 28. PMID: 28032173
- **Saad AN**, Kanack M, McIntyre J, Levy M, Meltzer H, Cohen SR. “*Reverse Distraction Cranioplasty for Treatment of Hydrocephalic Megalocephaly*” *J Craniofac Surg.* 2015 Nov;26(8):e755-8. PMID: 26594998
- Gosman A, **Saad AN**, Parina R, Chang D. “*Discussion: Does Combining Abdominoplasty and Liposuction Really Increase the Risk of Venous Thromboembolism?*” *Plast Reconstr Surg.* 2015 May 18. PMID: 26020705
- Rankin TM, Mailey B, **Saad A**, Biswas A, Hurst C. “*Early two-stage repair of clefts in holoprosencephaly.*” *J Craniomaxillofac Surg.* 2015 Apr 15. PMID: 25976037
- Parina R, Chang D, **Saad AN**, Coe T, Gosman AA, “*Quality and safety outcomes of ambulatory plastic surgery facilities in California.*” *Plast Reconstr Surg.* 2015 Mar;135(3):791-7. PMID: 25719698
- **Saad A.**, Parina R., Chang D.C., Gosman A., “*Risk of Adverse Outcomes When Plastic Surgery Procedures Are Combined*”. *Plast Reconstr Surg.* 2014 Dec;134(6):1415-22. PMID: 25415104
- **Saad A.**, Parina R., Chang D.C., Gosman A. “*Incidence of oral clefts among different ethnicities in the State of California*”. *Ann Plast Surg.* 2014 Mar 28. PMID: 24691321
- Parina R., **Saad A.**, Chang D.C., Gosman A. “*Statewide multicenter analysis of the incidence of secondary surgeries after isolated cleft palate repair*”. *Ann Plast Surg.* 2014 May. PMID: 24740028

- Moshrefi S., **Saad A.**, Monoo P., Wang HY, Tenenhaus M. “*Primary Cutaneous Gamma-Delta T-cell Lymphoma and Hemophagocytic Syndrome*”. Ann Plast Surg. 2014 Jul 4. PMID: 25003465
- Boskovski M, **Saad A.**, Israel G., Salem R., “Lymphangioma of the gallbladder in adults: Review of the literature and a case report”. J Gastrointest Surg. 2011 Nov 4. PMID: 22052109
- Gallo A, **Saad A.**, Ali R, Dardik A, Tellides G, Geirsson A., “*Circulating interferon- γ -inducible Cys-X-Cys chemokine receptor 3 ligands are elevated in humans with aortic aneurysms and Cys-X-Cys chemokine receptor 3 is necessary for aneurysm formation in mice.*” J Thorac Cardiovasc Surg. 2011 Sep 28. **PMID: 21962843**
- **Saad A.**, Pollak J., Dardik A., “*Images in vascular medicine: asymptomatic internal carotid artery stent fracture.*” Vascular Medicine 2010 Feb;15(1):73. **PMID: 19778952**
- **Saad A.**, Kenney B., Touloukian R. “*Gastric antrum hypertrophy causing outlet obstruction in an infant born with congenital diaphragmatic hernia*”. Journal of Pediatric Surgery 2011 Jun; 46(6):e11-4. PMID: 21683184
- Mcrae, M M., Gallo, A., **Saad, A.**, et al. “*The role of the MyD88 pathway in arterial remodeling.*” JOURNAL OF THE AMERICAN COLLEGE OF SURGEONS Volume: 203 Issue: 3 Supplement: S Pages: S104-S104 DOI: 10.1016/j.jamcollsurg.2006.05.273 Published: SEP 2006

Book Chapters:

- **Saad A.**, Miller S., “Endoscopic Browlift” - Editors: Bruce F. Connell, MD, and Michael J. Sundine, MD - “*Aesthetic Rejuvenation of the Face and Neck*”– Thieme Medical Publishers
- Cohen SR, **Saad A.**, Leong T, Ross EV, “Facial Skin Resurfacing” – Editor: Peter C. Neligan – “*Plastic Surgery*” – Elsevier
- **Saad A.**, Tenenhaus M. “*Celulas Madre Mesenquimales (CMM) E Injerto De Grasa: Tratamiento Novedoso De La Cicatriz Por Quemadura*””. Editors: Zapat-Sirvent R, Tenenhaus M. “*Quemaduras, Tratamiento Critico Y Quirurgico*”.-- AMOLCA

Other Training:

- **Dennis Hammond, MD;** Breast enhancement with anatomic implants. Grand Rapids, MI. *September 2015*

Meetings Attended:

- International Federation for Adipose Therapeutics & Science (IFATS) - San Diego, CA, November 2016
- American Society of Plastic Surgeons – Annual meeting – Los Angeles, CA, September 2016
- California society of Plastic Surgeons – Annual meeting – Santa Monica, May 2016
- American Society for Aesthetic Plastic Surgeons – Annual meeting – Las Vegas, April 2016
- California society of Plastic Surgeons – Annual meeting – Monterrey, CA, May 2015
- American Society for Aesthetic Plastic Surgeons – Annual meeting – Montreal May 2015
- The Rhinoplasty Society – Annual meeting – Montreal, May 2015
- American Society for Aesthetic Plastic Surgeons – Annual meeting – San Francisco, April 24-29, 2014
- The Rhinoplasty Society – Annual meeting – San Francisco, April 24, 2014
- Project C.A.R.E (Comprehensive Aesthetic Restorative Effort) Summit – San Diego, December 5-8, 2013
- American Society of Plastic Surgeons – Annual meeting – San Diego October 11-15, 2013
- California Society of Plastic Surgeons – Annual meeting – San Francisco May, 2013
- Project C.A.R.E (Comprehensive Aesthetic Restorative Effort) Summit – San Diego, December, 2012
- Breast Cancer Coordinated Care Conference – Annual meeting – Washington, DC February 2011

- American College of Surgeons – Connecticut Chapter – Annual meeting – Connecticut November 2006
- International Society for Heart & Lung Transplantation – Annual meeting - Philadelphia, PA April 6-9, 2005

Media:

- Dr. D. Radio, San Diego CA. “Mommy makeover”, September 2015
- Pacific Magazine. “Rhinoplasty”, April 2016
- ABC, channel 10 news, San Diego, CA. Morning report: “Surgery for migraine: First in San Diego county”, March 2017